

Balsamic Cucumber Salad



Prep/Total Time : 15 Minutes

Serves In : Lunch

Description :

Sliced cucumbers soak up the tangy essence of balsamic vinegar, offering a refreshing crunch with a hint of sweetness. Aromatic herbs add a subtle, inviting aroma to this simple, yet flavorful salad, making each bite a refreshing delight.

Ingredients :

- 1 large English cucumber, halved and sliced
- 2 cups grape tomatoes, halved

- 1 medium red onion, halved and thinly sliced
- 1/2 cup balsamic vinaigrette
- 3/4 cup crumbled reduced-fat feta cheese

Directions :

In a large bowl, combine cucumber, tomatoes and onion. Add vinaigrette; toss to coat. Refrigerate, covered, until serving. Just before serving, stir in cheese. Serve with a slotted spoon.